



## UNLOCKING ANCIENT WISDOM: A JOURNEY WITH Q'EROS SHAMANS DISCONNECT AND RECONNECT...



Personal development and practices such as meditation are our passion and we are deeply honored to have space for meditation retreats in highly energetic places like Q'eros Community and sacred mountains.

The Q'ero community is located at 4500 meters above the sea level, hidden in the Andean mountain range, keeping their ancestral culture and traditions, where man co-exists in close relationship with nature.

### Connections between Q'ero/Inca Medicine and The Healing Journey - Why It Works.....

Very few truly understand that almost all of the roadblocks in our Healing Journey towards thriving and Balance & healthy relationships with self and others; as well as destructive behaviour patterns, are all rooted in, unprocessed and possibly unknown trauma and the myriad of complications that can create in the human psyche. This Medicine Path is so Healing for people because it provides a way to remove the "bad programming", and replace it with 'good programming' and balanced mental, emotional, physical and spiritual systems. It also provides a cosmology and behavioral recommendation that allows us to move forward, to do the healing work in a way that will move us forward without accumulating more Hoocha. Personal Healing Sessions and Despacho Ceremony all give a more efficient access to the removal of the Trauma we have experienced. It removes the heavy, dense energy (Hoocha) that clouds our thinking and the problems of an encumbered body / relationship / life at an energetic level. This Medicine fills us with order and refined Energy (Sami). It also gives us a system where to return, when we 'get dirty' again or get "lost" in our wounds and egos. We as human beings are learning by mistakes, this is very important to accept. These same Ceremonies that 'opened our eyes' clean us up, square our shoulders and allow us to get back in the Game- wiser and better for it.

It also establishes a DIRECT connection with Creator- the Source of infinite strength, truth, beauty and love in our daily journeys and helps us learn to 'listen' to the guidance given by Creator that we couldn't hear before. The Medicine shows us how to break new ground with the energy of Gratitude. All of these threads cumulatively act to raise one's frequency/consciousness that opens previously inaccessible possibilities for a satisfying, happy and balanced life. Engaging in this Medicine will provide you with relief. Engaging deeply with it will change your life.

### CONTACT US

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### Disconnect to Reconnect

EXPERIENCE A MAGICAL SPIRITUAL RETREAT  
with Q'eros in the Mystical Andes of Peru

